

West Walker Primary School Menu September 2022 – July 2023
Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese Omelette(v)	Chicken Korma	Cheese & Tomato Pizza	Roast Turkey Sage & Onion Stuffing	Salmon or Cod Fish Fingers
Hash Browns	Fluffy Rice	Potato Wedges	Creamed Potatoes	Chips
Baked Beans	Green Beans	Crunchy Coleslaw	Carrots	Peas
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Quorn Bolognese (v)	Quorn Mince Pie(v)	Vegetable Fingers (v)	Pasta Pomodoro (v)	BBQ Quorn and Stir Fry Vegetables (v)
Crusty Bread	Creamed Potatoes	Potato Wedges	Crusty Bread	Egg Noodles
Garden Peas	Turnip	Wholewheat Hoops	Broccoli	
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Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato		Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad		Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Fresh Fruit or Yoghurt	Shortbread & Custard	Frozen Strawberry Mousse	Lemon Drizzle Cake & Custard	Chocolate Brownie

Also available every day:	Choice of:	Choice of drinks:	
	<ul style="list-style-type: none"> • Salad bar • Fresh fruit selection • Yoghurt • Cheese and biscuits 	<ul style="list-style-type: none"> • Fruit juice • Reduced fat milk • Chilled water 	<ul style="list-style-type: none"> • Selection of fresh bread and rolls

Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

West Walker Primary School Menu September 2022 – July 2023
Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Dippers(vg)	Mince & Dumplings	Roast Chicken Yorkshire Pudding	Pork Sausages with Gravy	Battered Fish
Potato Wedges	Creamed Potato	Mashed Potato	Oven Roast Potatoes	Chips
Spaghetti Hoops * * * *	Cauliflower * * * *	Cabbage * * * *	Mashed Turnip * * * *	Peas * * * *
Lentil & Vegetable Curry (v)	Quorn Meatballs in Tomato Sauce with Pasta (v)	Quorn Burger in Bun	Vegetarian Lasagne (v)	Cheese and Potato Pie (v)
Vegetable Rice	Garlic Bread	Diced Potatoes	Crusty Bread	Chips
* * * *	Garden Peas * * * *	Baked Beans * * * *	Green Salad * * * *	Coleslaw * * * *
Cheese Baguette * * * *	* * * *	Tuna Wrap * * * *	Ham Sandwich * * * *	* * * *
Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato		Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad		Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Sponge & Custard	Fresh Fruit or Yoghurt	Vanilla Cookie	Sticky Orange Sponge & Custard	Frozen Yoghurt

Also available every day:	Choice of:	Choice of drinks:	
	<ul style="list-style-type: none"> • Salad bar • Fresh fruit selection • Yoghurt • Cheese and biscuits 	<ul style="list-style-type: none"> • Fruit juice • Reduced fat milk • Chilled water 	<ul style="list-style-type: none"> • Selection of fresh bread and rolls

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Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Mascarpone(v) Pasta	Chicken Jalfrezi	Turkey Casserole	Spaghetti Bolognese	Fish Goujons
Crusty Bread	Fluffy Rice	Creamed Potatoes	Garlic Bread	Chips
Mixed Salad	Apple & Cucumber Salad	Broccoli	Carrots	Beetroot
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Southern Style Quorn Fillet (v)	Margherita Pizza (v)	Quorn Kofta (v) with Savoury Rice	Quorn Sausage Roll (v)	Macaroni Cheese
Seasoned Wedges	Diced Potatoes	Wrap	Oven Roast Potatoes	Crusty Bread
Beans	Sweetcorn	Coleslaw	Wholewheat Hoops	Garden Peas
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Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato		Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad		Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Chocolate Cookie	Strawberry or Vanilla Ice Cream	Fresh Fruit or Yoghurt	Vanilla Muffin	Flapjack & Custard

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